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HIGHLANDER

Vol. 79 No. 6

Denver, Colorado

October 10, 1996

Rape Threatens Society

As Number of Victims Climbs, Help, Solutions Sought *Page 6*

We may not have a rink, but we have an ice hockey team!



photo by Dan McNasby

Club hockey faced its first two games, and first losses of its second-ever season at the University of Kansas at Lawrence on October 4 and 5.

see page 8 for story

■ Ireland Exchange offers cultural and personal growth experience.

PAGE 2

■ Panel discussion on homosexuality raises variety of questions.

PAGE 3

■ Forensics Team comes away from first tournament victorious.

PAGE 7

■ Men's and women's soccer win in front of special home crowds.

PAGE 8-9

■ Area haunted houses provide screams for Halloween holiday.

PAGE 11

Students Gain Self-Knowledge In Ireland

photo by Sean Shackley

Only one percent of the world's population is afforded the opportunity to attend college. Even fewer ever experience international travel, however Regis University, in conjunction with Mary Immaculate College of Limerick, Ireland, is giving its students a chance to do both. The Ireland Exchange program allows Regis students to spend a semester in Ireland. The students pay tuition to Regis while attending Mary Immaculate College in Ireland. Those who participate spend the entire spring semester overseas.

By ELIZABETH WALBRUN
Highlander Staff

In most cases, the student's current financial aid applies while in Ireland, and students can continue to fulfill course requirements for their Regis degree. Those involved in the program may choose to stay with an Irish family or in student residence halls.

Last semester, four men from Regis University seized this opportunity and traveled to Ireland. Shawn Shackley, Danny O'Connor, Tom McCarthy, and Peter Galmish all had a chance to submerged themselves in the Irish culture. These students de-

veloped a true love for the Irish ways. They were able to broaden their horizons and see the world in a different hue. Danny O'Connor states, "I thoroughly enjoyed my experiences there last year and I was more than fortunate to have met so many remarkable people. Toward the end of my time there last year, the lifestyle I was living and the Irish culture felt very 'normal.' I felt very much at home and at ease there. I was somehow connected to Ireland."

"I was somehow connected to Ireland."

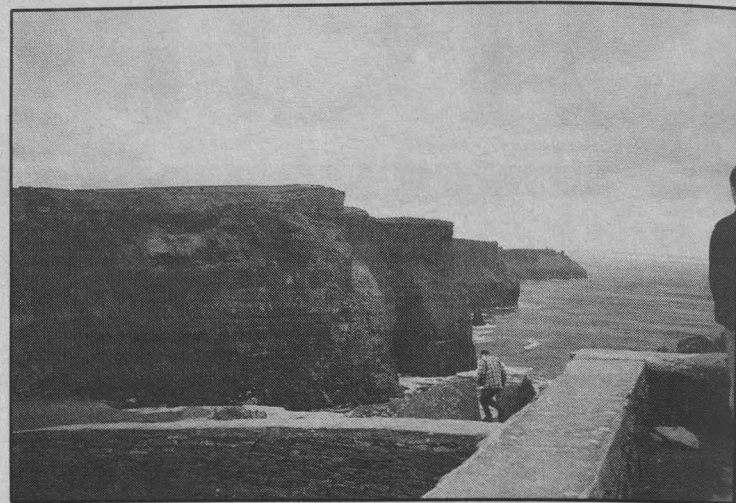
Danny O'Connor

Tom McCarthy had an incredible experience as well. Ireland inspired him intellectually, culturally, and artistically. McCarthy returned to the states with amazing poetry that his Irish experience moved him to compose. McCarthy stayed in a hostel while overseas, which is similar to a student dorm. The hostel ran about 38 pounds a week (which is equivalent to \$70), which is actually

less expensive than living in the Regis University residence halls. McCarthy feels that living in Ireland taught him to accept a new culture. He feels that on a whole, the Irish people possess a different ethos from Americans. During his four month stay, only six people in the entire country were killed. According to McCarthy, in Ireland, one could set his or her bags down, walk away, come back a day later, and find his or her belongings safe and unharmed. McCarthy comments that there is a common respect for one another, saying, "Ireland was definitely a good experience. I was glad that I did it. Now that I have been there, I plan to return again and again."

Not only did the Irish exchange students become acquainted with the Irish, they came to know those of other European backgrounds as well. McCarthy maintains friendships with students from Wales, Slovakia, the Netherlands, France and Italy.

By becoming involved with the Ireland Exchange Program, students are able to compare the American Socratic form of education to the European lecture style. In the United States, teachers question their students and motivate them to gain knowledge. In Ireland, students are expected to



The Cliffs of Mohair, above, are just one of the beautiful sights to be seen in Ireland.

espouse their knowledge through essay format, which gives students an opportunity to sharpen their study skills. Upon their return to the United States they have a new perspective on their schoolwork.

In addition to its valuable educational programs, Ireland also offers many diverse forms of entertainment. Many Irish people are very artistic. The streets are often filled with people singing, painting or playing an instrument. In an Irish pub, there is feeling

of closeness. Patrons do not have to scream across a loud and crowded room like they do in many bars here.

The opportunity to travel and to learn in such a rich environment is one that cannot and should not be overlooked. The Ireland Exchange program no doubt had a deep and significant effect on all four of these Regis students. The chance to study and travel to such a vivid, divine and beautiful country as Ireland is waiting for students like you.

Study in

IRELAND

Spring '97

- Spend SPRING SEMESTER in LIMERICK, IRELAND
- Pay tuition to Regis
- Your financial aid is applicable in most cases
- Homestay with Irish families/or student residence
- Take classes at MARY IMMACULATE COLLEGE
- Courses taken will count toward degree completion

For more information, contact Lynne Montrose in Loyola 12, 458-4943

APPLICATION DEADLINE: FRIDAY, OCTOBER 18, 1996

Mailroom Information

By Molly Moore

Director of Operations, Student Executive Cabinet

Having trouble getting your mail? Here are a few comments from Steve Burns, Mailroom/Central Receiving Manager. First, he stressed that students tell anyone sending mail to use the correct format (see box).

All the mail for Regis is picked up, daily, at the Post Office at North Pecos and the Boulder Turnpike.

If mail does not have SMB (student mailbox) as a part of the address, then

Additionally, in order to pick up a package in the mailroom, a "package notice" and ID are required to get the package.

Steve Burns told me that 95% of the mail is sorted and will be in student mailboxes by 11:00 a.m. In response to the student body's concerns, the mailroom will sell stamps in a few weeks.

Any concerns regarding mail or the efficiency of the mailroom, should be addressed to the mailroom.

Your full name
Regis University
3333 Regis Boulevard SMB XXX
Denver, Colorado 80221



Panel Discusses Varied Views on Homosexuality

By Erin Fehringer

Special to the Highlander

In celebration of National Coming Out Week, the Multicultural Affairs Committee presented the panel "Perspectives on Gay and Lesbian Issues," on Tuesday, October 8, in the cafeteria.

Serving on the panel from Regis University were Communication Arts professor Dr. Kevin Maly, sophomore Erik Wunderlich, and senior Amy Everitt. Joining Regis students and staff on the panel were Loretta Mar-

tin, president of Parents and Friends of Lesbians and Gays (PFLAG); Darin Raaf, a senior from the University of Denver; and Gabriel Hermelin, a Metro State University student who serves as the president of Auraria Queer Alliance (AQA).

The panel discussion began with brief introductions in which each panel member described his or her background and/or experiences as a gay or lesbian or as a friend someone who is gay or lesbian.

Maly, the moderator of the event, began the discussion saying, "Coming out is not done once and for all . . . Coming out is a daily process . . . I do celebrate who I am, as a child of God."

The anxiety that Coming Out Week causes for homosexuals surfaced when Wunderlich stated, "I look out and see all these people I know, and I'm just a little scared."

Loretta Martin was affected in a different way by gay and lesbian issues; she was the mother of a gay son who died of AIDS in 1988. After the Regis audience became familiar with the panelists, the panel was open to questions. Being a sensitive and controversial issue, questions ranged from

Questions ranged from "expand on how you feel about the bisexual community?" to, "how do you react to and deal with words such as 'fag' or 'queer?'"

"expand on how you feel about the bisexual community?" to, "how do you react to and deal with words such as 'fag' or 'queer?'"

Also asked at the discussion was "Why should Regis, a Jesuit University, even celebrate National Coming Out Week?" Maly responded that Regis describes itself in accordance with United States traditions, Catholic traditions, and Jesuit traditions. In the United States, citizens have the freedom to carry on their lives in the manner that brings them peace. Maly stated, "What we are here doing tonight is faithful to these traditions."

The event raised awareness and encouraged compassion and understanding to the gay and lesbian community. Everitt pointed out, "It says in the Bible, 'love your neighbor.' It doesn't say love your straight neighbor." Darin Raaf stressed the importance of realizing that gays and lesbians are real people, saying, "if one of you walks out a little more enlightened, it's been worth it for me."

PRINCIPLES of SOUND RETIREMENT INVESTING

Monthly Expenses	Income
Rent 775	1915
Telephone 6032	845
Gas 60	
Electricity 4568	
Car Loan 240	
Student Loans 175	
Insurance 125	
Credit Cards 165	
Overdraft (CHK) 189	
Proceries 300	
Entertainment 100	
Clothes 50	
Medical 400	275

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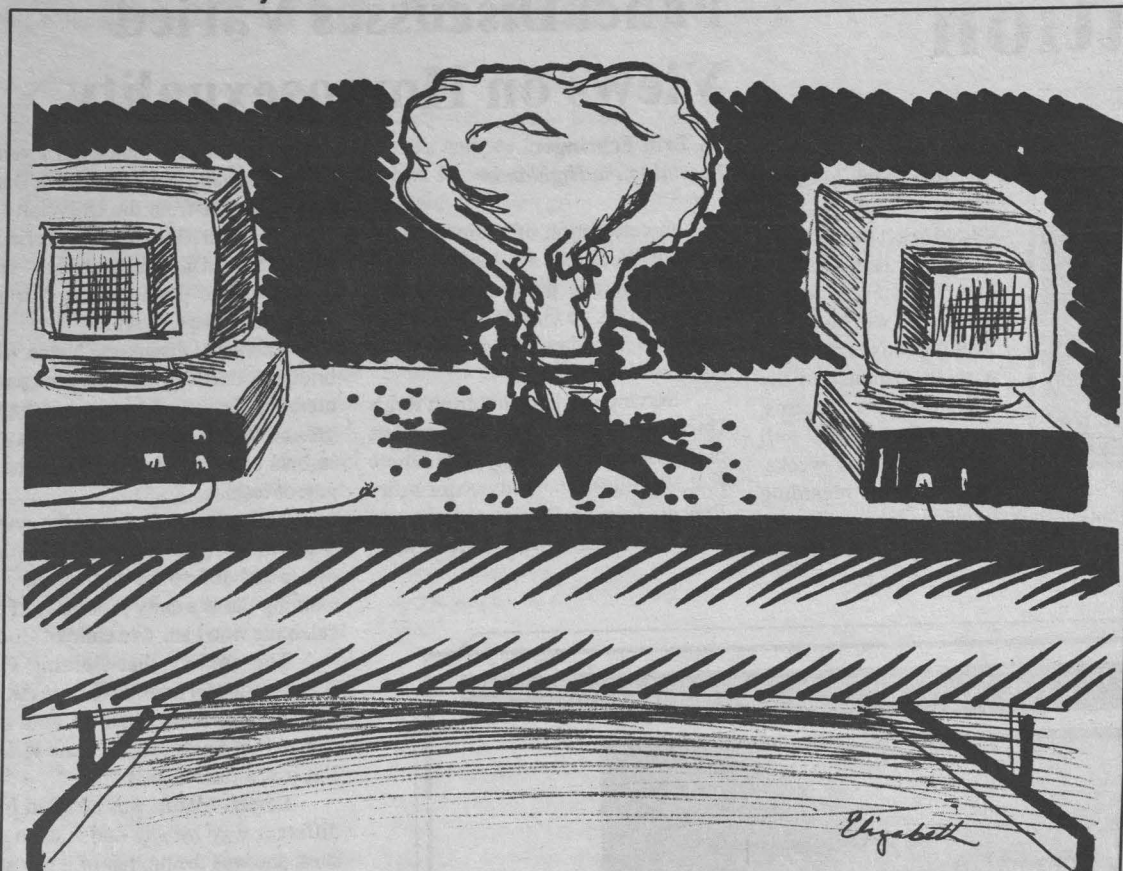
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LOST IN THE QUAD by Elizabeth Walsh



Nothing new here—just the usual computer problems at Regis.

THE ELIE WIESEL PRIZE IN ETHICS 1997 ESSAY CONTEST

SUGGESTED THEMES

- ♦ DISCUSS ETHICS BASED ON A PERSONAL EXPERIENCE
- ♦ WHY ARE WE HERE? HOW ARE WE TO MEET OUR ETHICAL OBLIGATIONS?
- ♦ REFLECT ON AN ETHICAL ASPECT OF A LITERARY TEXT

ELIGIBILITY: FULL-TIME JUNIOR AND SENIOR UNDERGRADUATES

DEADLINE: JANUARY 17, 1997

No more than three (3) essays from the same college, university or campus will be considered in any one contest year. *Essays must be submitted by a college or university on behalf of its students.*

FIRST PRIZE: \$5,000 SECOND PRIZE: \$2,500

THIRD PRIZE: \$1,500

TWO HONORABLE MENTIONS: \$500 EACH

For entry forms and further information, please send a self-addressed, stamped envelope by December 20, 1996 to:

The Elie Wiesel Foundation for Humanity
1177 Avenue of the Americas, 36th Floor
New York, NY 10036

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Rape Awareness

Facts, Agencies Expose Frightening Truths

Statistics show that one in every three women will be raped during her life time, and rape rates among women aged 13 to 34 are the highest. This means that we all know women who have been raped. Sexual assault is not an issue that is openly discussed in our society. Rape survivors understandably don't advertise their past struggles, and many people are embarrassed by the subject.

By
MERRILY
SMITH
Guest
Reporter

Consequently, the problem is too often swept under the rug and ignored. The only way to fight rape and sexual assault is to spread awareness and make sure everyone knows that the sexual victimization of women is an enormous problem and immensely important. One way to work on your own awareness is to look at the people surrounding you at a party next weekend. A third of the women you see have been or will be completely violated by rape.

What is rape? It seems like a fairly simple concept, but people actually hold different definitions of what rape is. According to Susan Brownmiller, author of *Against Our Will*, rape is a situation where "a woman chooses not to have intercourse with a specific man and the man chooses to proceed against her will." The dictionary offers two definitions of rape: "the crime of having sexual intercourse with a woman or girl forcibly and without her consent" or "any sexual assault upon a person." Many people believe that catcalls are a form of sexual assault. For the purpose of this article, rape is defined as forced penetration, anal sex, and/or oral sex.

Most people, when they think of rape, seem to picture the same sce-

nario: an attractive young woman in a short skirt is walking down the street late at night and a stranger jumps out of the alley and rapes her. This actually seldom occurs. The misconceptions people have about sexual assault are called rape myths. One of the most prominent myths is that rape is a sexual crime. Rape is a crime of power, not sexuality. According to the DC Rape Crisis Center, 71% of rapes are planned beforehand, which suggests that the notion that rape happens because men can't control their sexual appetite is untrue. In fact, there are few pregnancies or transmission of sexually transmitted diseases caused by rape. The reason? It is very uncommon for a rapist to ejaculate while raping someone, again demonstrating that rape is not sexual.

The myth that sexual victimization affects only young people is widely accepted. Although much of sexual assault afflicts the younger generation, according to the Rape Assistance and Awareness Program (RAAP), the youngest victim last year was four months old and the oldest victim was a 94 year-old woman. A rapist is not looking for a beautiful young woman in her prime, but someone he can overpower. This also plays into the myth of a woman "asking for it" by the way she is dressed. Again, a rapist is looking for a victim, not a gorgeous woman. Whether a woman wears crotchless underwear or big baggy pants, she is at risk.

Another myth is the stranger myth. Some rapes are committed by strangers, but the majority of rapes are acquaintance rapes. According to the Colorado Coalition Against Sexual Assault (CCASA), 84% of all sexual assaults are committed by someone the victim knows. Perpetrators of acquaintance rape could be neighbors, acquaintances, dates, boyfriends, relatives, and spouses. The trauma caused by being violated by someone you once liked and trusted is an awful fact of acquaintance rape. Karmen Carter, the executive director of RAAP, says that for victims of sexual assault, acquaintance rape is the "most detrimental." It is more likely that a victim will somehow believe the attack was her fault when she is raped by someone she knows.

Far fewer acquaintance rapes are reported than stranger rapes. The Sexual Assault Support Service says that 55% of stranger rapes are reported to police, whereas 19% of rapes committed by an acquaintance are reported. Only 2% of rapes were reported when the rapist was a friend of the family or a date.

Can you imagine how it would feel to be raped? Hopefully it's something you will never experience, but the effects of a rape stay with a woman for years, if not her whole life. A rape victim struggles through much trauma. She usually experiences a fear of being alone, a fear of men, and a fear of retaliation if she presses charges.

A rape victim often experiences sexual problems, because she associates sex with negative feelings. She becomes depressed, is afraid to trust anyone, and has to deal with feelings of anger, helplessness, guilt, pain, embarrassment or anxiety. Sometimes women are suspected of making false accusations. This is highly unlikely. The presumption that women lie about being sexually attacked only contributes to the lack of respect this issue is granted. Women often feel guilty because they are influenced by societal views of rape. The Colorado Coalition Against Sexual Assault (CCASA) estimates that only 16% of rapes are reported, making rape the most underreported felony crime. Of those rapes reported, only 1 in 10 result in time served in jail or prison. Of the rape cases, 48% are dismissed before trial. Nine out of ten cases do not result in conviction because the case is dismissed, rather than the perpetrator receiving an acquittal.

"Survivors of rape and family violence pay a double price: like other victims of violent crime, they suffer the terrible toll of physical and psychological injury. But, unlike other crime victims, they also suffer the burden of defending the legitimacy of their suffering" (CCASA). The problem of rape has just recently started to catch the attention of the public as a

societal problem.

The Rape Assistance and Awareness Program is the rape crisis center that serves the Denver Metro Area. It operates a 24 hour rape crisis hotline, free or low-cost counseling for victims, self-defense classes for women of all ages, and it also has a preventative education program which educates youth in schools from preschool to high school. This program was started by

"Carter . . . says that for victims of sexual assault, acquaintance rape is the 'most detrimental.' It is more likely that a victim will somehow believe the attack was her fault when she is raped by someone she knows."

three women in 1983 who were outraged to find that when a mutual friend was raped, there was no place for her to go for emotional help and support. The hotline averages about 2,000 calls each year. Karmen Carter reported that about 60% of the calls are from people age 17 or younger, which is why RAAP is concentrating so much on preventative education.

The Rape Assistance and Awareness Program is concerned with the treatment victims receive after being attacked. It has succeeded in enacting a standard protocol for dealing with rape victims which has been adopted by the Denver District Attorney's office, the Denver Police Department, hospitals and places of service, such as RAAP. Says Carter, this will "guarantee more sensitive treatment of victims of sexual assault victims." The protocol makes institutions such as police departments and hospitals more accountable for unfair treatment of victims. Carter hopes to expand RAAP's prevention programs to colleges and universities. She says, "college campuses are ideal settings" for rapes to occur. The problem of sexual assault has seemed to have been ignored by many universities. "College campuses don't want the fact that they have sexual assaults to get out." It would probably be more beneficial to work on helping victims and fighting the problem, than ignoring it.

The problem of sexual assault is finally gaining recognition in government as well. The Violence Against Women Act was passed in 1994. This act gives federal money to different states to help fund services for victims of domestic violence and sexual assault. Nationwide, the act grants \$1.8 billion to help combat and study violence against women (Family's Research Council). Some of this money will also be used by the National Acad-

emy of Sciences to develop a research agenda and increase the understanding of violence against women. Colorado was awarded \$1.7 million dollars. This money will be used primarily to help rural areas which are lacking in services and to develop programs out there. The Rape Assistance and Awareness Program primarily works in the social aspect of the problem—helping victims and preventing future

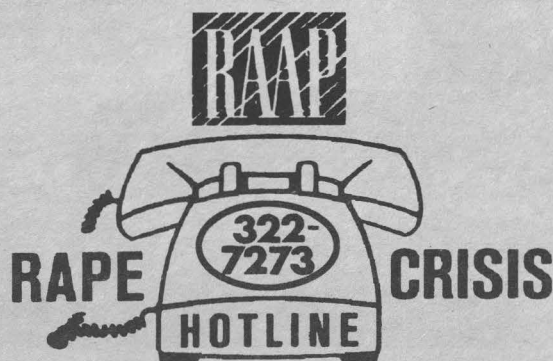
sexual assaults, whereas CCASA works towards eliminating sexual violence through changing public policy and advocating for adequate funding for sexual assault services, as well as through education and prevention. The CCASA is comprised of various agencies committed to stopping sexual assault, as well as those committed to stopping domestic

violence, police and sheriff's departments and psychotherapists and counselors. Erin Stark, a board member for CCASA, stated that it is "important to have a unified force or a coalition of different agencies working towards the same end."

CCASA was instrumental in passing such legislation as criminalizing marital rape and led efforts resulting in the passage of sexual assault victim rights legislation. CCASA is constantly involved in several projects. Right now CCASA is working on projects such as having medical rape exams paid for by the state government, and training programs to teach people how to develop rape and domestic violence assistance programs in their areas. They are also working on making sure that the law that all nursing care employees must have a background check to make sure they aren't sexual offenders is being enforced.

We know there is a problem of sexual assault in this nation. In fact, according to Sexual Assault Support Services, a woman is 20 times more likely to be raped in the United States than in Japan, 13 times more likely than in England and four times more likely than in Germany. Colorado is not an exception. The number of rapists is not huge, but the damage is enormous, and we must do something about it. The problem has been identified and there are finally people trying to do something about it.

People are now starting to realize that rape is a serious societal problem that isn't restricted to only the young nor does it happen because a woman "asked for it." The best way for you to help fight the problem is to spread awareness about sexual assault and make sure the people around you know it is not an acceptable crime.



Forensics Opens Successfully

Regis Team Wins "Bulldog" Award for Dominating Performance at Fresno

Courtesy Regis Forensics

The Regis Forensics Team triumphantly opened its tournament calendar at a competition at California State University at Fresno, September 26 through 30, 1996. Out of the 35 schools represented, Regis took fourth place in the overall team sweepstakes, with only four Regis students competing.

Regis received the special "Bulldog" award for the most outstanding team presence at the tournament. The "Bulldog" award was given to the team for its competitiveness and sportsmanship.

Regis students also dominated the Parliamentary Debate competition, and swept the top three speaking awards.

Other students also performed well in the competition. Marcus Paroske and Danial Nelson received placed third in Parliamentary Debate. Jeff Kean and Kathleen Pautler were quarter finalists in Parliamentary De-

bate. Kathleen Pautler placed first in Overall Debate Speaker and forth in Impromptu Speaking. Marcus Paroske placed first in Extemporaneous Speaking, second in Overall Impromptu Speaking, and third in Overall Debate Speaker. Danial Nelson placed second in Overall Debate Speaker and was a finalist in Extemporaneous Speaking. Jeff Kean was a finalist in Extemporaneous Speaking.

Peters to Speak About Differences in Religions

By Michelle Nilles
Guest Writer

On Tuesday, October 22, at 7:00 p.m., a lecture entitled "The Quest: This Historians' Search for Jesus and Muhammad," will be held in the Evergreen Room of Carroll Hall. The speaker will be Professor F.E. Peters from New York University. Peters is a renowned Islamicist and expert in the comparative study of the Islamic, Judaic, and Christian religions.

This event is free and open to the public, and refreshments will be served afterward. This lecture is jointly sponsored by the History and Religious Studies departments of Regis. R.S.V.P. at extension 3504 if you plan to attend.

**This is the last HIGHLANDER
for a couple weeks!**

Due to mid-terms and the mid-term break,
the next issue of the Highlander
will be published October 31.

We're Sorry . . .

Just like the KALC (Alice) 106 morning show, we sometimes offend people with the things we do or write. So, just like Frosty, Jamie, and Frank, "We're sorry, so sorry. Please accept our apology!"

CORRECTIONS:

- "The Vengers Rage at Regis" was not written by Rajit Kabadi. The Vengers are a ska band, not a ska-punk band.
- The deadline for application for Ireland Exchange is Sunday, October 18, not October 13.
- The author's name on the article "Coming Out Week an Opportunity" was misspelled. It was written by Victoria Villasenor.
- The Dean of Libraries' name was misspelled in the September 26 issue. His name is Andrew Scrimgeour.
- Selwa's doesn't sell homemade baqlawl, they sell homemade baqlawa.
- The women's soccer player's name on the photo caption on page 9 of the September 26 issue is Jody Grippa.

Darcy Fehringer & Elizabeth Walsh
Highlander Editors

The Highlander's Weekly Calendar

OCTOBER 10-30

THURSDAY, OCT. 10

- **Mass in the Regis Chapel at 12:10 p.m.**
- **National Coming Out Week continues with a discussion and workshop on gay and lesbian relationships. It's open to all at 7 p.m. in the Regis Room of Carroll Hall.**
- **Women's Volleyball at home against Colorado Christian, 7 p.m.**
- **Karate with Kojasho's School of Karate in the LDC from 7-8 p.m.**
- **Thursday Thrills: Regis Night at Stars (19th and Blake) from 9 p.m. to close. Transportation will be provided. Come enjoy a night of food, drinks, and dancing!**
- **Stixx Nightclub's grand opening beginning at 8 p.m.**
- **Peter Himmelman with special guest at the Bluebird Theater, \$14.50.**

FRIDAY, OCT. 11

- **Mass in the St. John Francis Regis Chapel at 12:10 p.m.**
- **Western Conversations hosted by Regis.**
- **Brown bag presentation, "Equal Rights or Special Rights?" at noon in the Faculty Lounge.**
- **Women's Volleyball at home against Colorado Mines, 5 p.m.**
- **Coming Out for Justice to benefit Equality Colorado. Keynote speaker: Reverend Mel White at the DU Driscoll Center Ballroom beginning at 6 p.m., \$15 for students. Call 839-5540 for more info.**
- **Lonnie Brooks Blues Band, Hermans, 9:30 p.m., \$9.**

SATURDAY, OCT. 12

- **Campus Clean-up beginning at 11 a.m. in front of the Student Center.**

- **Women's Volleyball at home against Metro State, 7 p.m.**
- **Women's Soccer at home against Montana State University, 12 p.m.**
- **Men's Soccer at home against Fort Lewis, 2 p.m.**
- **The Subdudes farewell tour '96 at Hermans, 9:30 p.m., \$20.**

SUNDAY, OCT. 13

- **Mass in the St. John Francis Regis Chapel at 11 a.m. and 7:30 p.m.**
- **SunDaze in the Pub, 8 p.m.**
- **Swing to Big Bands at the Mercury Cafe, 7:30 p.m.**
- **Warren Zevon with Chris Whitley at the Bluebird Theater, \$15.**

MONDAY, OCT. 14

- **Mass in the St. John Francis Regis Chapel at 12:10 p.m.**
- **Open Council of 12 Meeting at 9 p.m. in the Faculty Lounge.**

- **West Hall's All-Hall Meeting at 8 p.m. in the first floor lounge.**
- **Karate with Kojasho's School of Karate in the LDC from 7-8 p.m.**

TUESDAY, OCT. 15

- **Mass in the St. John Francis Regis Chapel at 12:10 p.m.**
- **Immunization shots will be given in the lobby of the Student Center from 11:30 a.m. to 1:30 p.m., \$8.00.**
- **Men's Soccer at home against Colorado Christian, 3 p.m.**
- **Guest Speaker: Mike Green. Mandatory for all Athletes. Fresh: 7:30-8:30 p.m., all other classes from 8:30-9:30 p.m. in the Fieldhouse.**
- **Executive Cabinet Meeting, 5 p.m., Judicial Board Office.**
- **Joseph and the Amazing Technicolor Dreamcoat through the 20th; Temple Hoyne Buell Theatre, \$15-\$48.**

WEDNESDAY, OCT. 16

- **Mass in the St. John Francis Regis Chapel at 12:10 p.m.**
- **Wednesday Evening Club: Meet the Athletes at 7 p.m. in the Pub.**
- **Women's Soccer at home against UNC, 3:30 p.m.**
- **Ballot Issues at 7 p.m. in the Cafeteria by the League of Women Voters.**

REMINDERS

- **Applications for the Mexico and Belize Projects are due October 28 in the Center for Service Learning.**
- **Staff immunizations will be done on the 17th and 19th in the offices.**
- **"Don't Hurt the Helpers" presentation on Amendment 11, which affects non-profit taxes, Faculty Lounge at noon.**
- **No school Oct. 21 and 22!**

Men's Soccer Drops Two On Road, Wins In Front of Parents

By Jeff Duggan
Highlander Staff

The men's soccer team went on the road twice last week and came away empty handed. Division I Air Force Academy and conference rival University of Southern Colorado both beat the Rangers. However, in Sunday's home game, when Regis played in front of 23 sets of parents on the annual Parents Weekend, the Rangers brought home a 3-2 victory.

The team traveled to Colorado Springs last Wednesday to take on the Air Force Falcons in a non-conference tilt. Although the Rangers played with a great amount of heart and courage, the team suffered a 2-1 loss. Regis got on the board first as Malte Fischer scored on a breakaway and was assisted by Tom Gilhooly. The lead was short lived, though, as the Falcons came back to score two goals in the second half and dropped Regis to a 5-4-1 overall record.

Head Coach Amy Machin-Ward called the loss unfortunate, but added that she was happy with the effort the team put out against a Division I opponent. "Air Force was ranked 12th nationally when we went in there. I felt that we dominated for most of the match—we outplayed and outshot them. Their game-winning goal was a great shot, but overall, I feel that our guys really took it to Air Force."

The team was again on the road Friday, October 2nd, this time in the backyard of the University of Southern Colorado Thunderwolves. The game was scoreless until 30 minutes into the second half when USC's Matt

Clagett scored the game's only goal. The loss dropped the Rangers to 5-5-1 overall, and 4-2-1 in Rocky Mountain Athletic Conference (RMAC) play.

"USC is always a tough place to play," commented defender Marcos Rodriguez. "I think that we are a better team than USC, but they play so intense at home, and we just couldn't overcome it."

The friendly confines of Regis field were a much welcome sight on Sunday when Regis returned home to face RMAC opponent Metro State University. The game was highlighted not only by the fact that the Rangers won 3-2 in a thriller, but also because it was the annual Parents Weekend game.

The team shined in front of a huge crowd, and upped their conference record to 5-2-1—good for first place in the RMAC.

Regis went up 1-0 in the first half against Metro on sophomore Jim Van Natter's unassisted goal at the 25 minute mark. Metro came back with two goals of its own, and led 2-1 with 35 minutes to go in the game. However, freshman Chuck Stafford scored unassisted at the 66 minute mark to knot the contest at two apiece. Metro State was held scoreless the rest of the game, courtesy of RU goalie Sean Rich, and Malte Fischer decided the

Senior Francisco Dongo fights for the ball while teammate Spencer Davis backs him up in the 3-2 game on Sunday against Metro.

matter when he found the back of the net with just over five minutes left in the match. Van Natter was credited with the assist.

"This win really says some great things about this team," said Machin-Ward. "Our guys had made some tactical changes earlier in the week and to come out here in front of a big crowd and execute like they did, shows what we can do in the face of

a competitive team like Metro. The whole team was pleased at the turnout we had for Parents Weekend, and I think we played better in front of them. Right now, we are the team to beat in the RMAC." The win upped the Rangers overall record to 6-5-1, leading the RMAC.

"This win was a good team victory," said Rodriguez. "We made some big plays and each player

stepped up when they had to. In this game, the starters and the players off the bench did what they had to do to get the win."

Regis will host Fort Lewis College on Saturday, October 12, at 2:00 p.m., and will again be at home next Tuesday, October 15 as they take on Colorado Christian at 3:00 p.m. Both are RMAC matches.



photo by Lisa Lewis

Supergrass Leads Flag Football In Fifth Week

By Jacob Starkovich
Highlander Staff

Going into the fifth week of intramurals, men's flag football and co-ed outdoor volleyball are the intramural activities currently underway.

Men's flag football had exciting games and blowout games. "Hilltop Hellraisers," formerly known as Facilities, are the defending champs and were favored to go all the way again this year. In their first game of the season they were held in check and beaten by another top ranked team, "Kb/Kb Supergrass." The game was intense all the way through. Supergrass came out on top with a score of 12-6. This game would be equivalent to the Bears beating the Cowboys in their first game of the year.

The HT Hellraisers came back the next week to receive a forfeit victory from the 0-2 Mary's Boyz, and have been winning close games the last few weeks. HT Hellraisers are tied for second place with "Tony V's Heating and Plumbing."

Supergrass, riding high on their defeat of the champs, stormed through "Nestles Quik" 36-0 in their next game. Supergrass, captained by Paolo Herakovich, is on top in the league with a 4-0 record. They are proving to be the team to beat.

"The Penguins," captained by Tommy Burnham, were quietly dominating the field after two weeks with a 2-0 start in the 9 week season, but they have lost their last three games, including games to Supergrass and HT Hellraisers, to fall to a disappointing 2-3 record half-way through. Some say the Penguins two wins were no proof of a quality team because the wins were simple. One against "The Intimidators," 0-5 record, by a 24-0 score, and the second against "The Untouchables," 2-3 record, by a score of 20-0. We will wait and see.

"Tony V's Heating and Plumbing," whose captain is Jake Clark, is currently tied for second with a 3-1 record. They have dominated in most of their games and lay claim to the league's toughest defense.

**Topping
the league
with a 4-0
record,
Supergrass
is the
team to
beat.**

Club Hockey Learns From Loss to KU

By Keefe Davis
Special to the Highlander

The Regis club hockey team kicked off their season last week on October 4 & 5 in Kansas City style. The team made their first ever trans-state road trip to play one of the biggest schools a Regis team has ever played—the University of Kansas at Lawrence. Since they are a club team, they were not allowed to use a Regis van and had to provide their own transportation, which suited them just fine. The team, consisting of 14 players and a coach, loaded up their cars on Friday morning and caravanned over 9 hours to Kansas City, Kansas.

The team arrived at the ice arena just in time to get dressed and be out on the ice by 10:30 p.m. The games, which began at 10:30 both nights, were everything hockey should be: scoring, fights, and fans. They played in front of the largest crowd ever to watch the team in their brief one-year history. Regis once again showed why they are a force to be reckoned with in the college arena. Two sensational performances by goalie Carl Candon allowed the team to stay competitive throughout

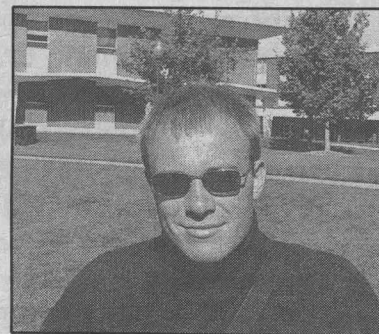
ATHLETE PROFILE OF THE WEEK

- Malte Fischer -

By Michael Creager
Highlander Sports Editor

Malte Fischer has been an outstanding player for the men's soccer team throughout the year. He continues to improve, and he credits his teammates for much of his success. Fischer is a sophomore from Logstor, Denmark and has developed a reputation for being able to score in the clutch. He has scored three game winning goals this season, including a pair in the last two games of the season. He has a total of five game winning goals for his career.

He talked about the differences



in soccer in the United States as opposed to Denmark. "The game is much rougher over here, I almost had to learn all over again." The game in Europe is more strict and structured for the benefit of the players' safety. The basic parts of the game are still the same and Malte is working hard to improve his fundamentals so he can continue to help his team.

He gave his coach Amy Machin-Ward lots of credit saying, "Coach Ward has helped me to become a more complete player, and she has also helped me with the mental part of the game." Fischer hopes he and the team will have a strong showing this week against conference rivals UCCS and Fort Lewis.

both games. Dan McNasby proved to be an effective fill in for Candon as goalie during the second game, as he easily picked up where Carl left off.

Although the team lost both games, the trip proved to be an excellent learning experience. It also increased team unity and raised the spirits of the team to an all time high. The team played with tremendous

grit and determination and came together as a team. They were outmanned in size and number, which made them elevate their play to the next level. The team has made great strides from last year and they continue to improve each game.

The team has been invited to

See Club Hockey, pg. 9

Women's Soccer Team Shuts Out NMHU In Front of Record-Breaking Home Crowd



photos by Lisa Lewis

Above, senior Daena George (17) skillfully dribbles the ball away from a New Mexico Highlands University player. Right, Keri Harada kicks the ball toward Regis' goal in the 4-0 shutout game against NMHU on Sunday.

By Michael Creager
Highlander Sports Editor

Last weekend the Regis women's soccer team continued to play championship-caliber soccer as they shut out two opponents. They beat Southern Colorado 1-0 on Friday, the lone Ranger goal scored by sophomore Natalie Rodgers. They returned home with continued momentum and defeated New Mexico Highlands University 4-0. The attendance was by far the biggest of the year, as 288 spectators turned out to watch them destroy their opponents. Senior Tatum Mahoney scored two of the goals, and senior Jen O'Brien and sophomore Andi Milburn each kicked in one. After these victorious games, the Rangers now hold an 8-3 overall record and a 5-1 RMAC record, which is the best record in the conference.

Ranger goalkeeper Dani Campbell has been named the Rocky Mountain Athletic Conference Defensive Player of the Week. Campbell, a junior from Sumner, Washington, recorded two shutouts last week, bringing her consecutive shutout streak up to three games. Campbell has allowed only nine goals in 720 minutes of play, and

has recorded 35 saves this year. She is tied with USC goalie Candy Cotkin for the lowest goals-against average in the RMAC at 1.13.

Seniors Tatum Mahoney and Jen O'Brien have continued to lead the scoring punch throughout the season. They are currently ranked first and second respectively in RMAC scoring. Mahoney, who is on pace to break the Regis Women's single season scoring record, has nine goals and two assists in the season. Jen O'Brien has a total of six goals and four assists on the season.

This is no time for the team to rest on their laurels because they still have some tough games in front of them. Wednesday, October 9, they will travel to Lakewood to play Colorado Christian University and avenge their only conference loss of the season. Coach J.B. Belzer does not have to say much to his team, who suffered a 4-1 loss at the hands of CCU on September 10 at home. The team will play a non-conference game, Saturday October 12 at 2:00 p.m., at the Regis soccer field.



Volleyball Moves to 11-7

By Michael Creager
Sports Editor

The Regis women's volleyball team continued its winning ways this past week by sweeping both opponents and improving its overall record to 11-7. They scored two shutout victories against Colorado College, and Chadron State. They defeated the CC tigers at the Regis fieldhouse 15-4, 15-3, and 15-9. After this they traveled to Chadron Nebraska to play Chadron State. The Rangers prevailed again 15-8, 15-6, & 15-9 and left corn country with a renewed sense of optimism. Junior Sara Sharpe and Sophomore Jeanine Dwyer led the Rangers with 9 kills a piece. Sophomore Melinda Almazan had 34 assists which contributed greatly to the outcome. Almazan countered with 40 assists against Chadron, and Sharpe again had 9 kills in 23 attempts. The team is currently on a 7 game winning streak, and have not lost a conference game since the Colorado Athletic Conference finale November 11, 1994.

The team has shown a marked improvement since the beginning of the season when they had a rough tournament against teams from out of state and out of conference. The comeback they have made is a testament to the toughness of the team and the leader-

ship of coach Frank Lavrishia. They are a perfect 8-0 in Rocky Mountain Athletic Conference (RMAC) matches and have won 20 straight in the RMAC since 1994. With twelve games left in the season they are well positioned to win their second straight conference championship.

This week team members will have more obstacles to overcome on their way to the conference championship as they will be hosting three conference foes with their perfect record on the line. They will host Colorado Christian University on Thursday October 10, at the Regis Fieldhouse.

This game will mark the team's seventh contest against a ranked opponent this season. Our women's team is currently ranked 16th in the American Volleyball Coaches Association top 25 poll. CCU is ranked 21st which makes this a very important game for our team. On Saturday, October 12, they will host the Metro State Roadrunners at 3:00 p.m.

Coach Frank Lavrishia is one of the winningest coaches in the conference he has compiled a career record of 268-122 which is a winning percentage of .687.

Sports World UPDATE

By Jack Patterson
Highlander Staff

The Colorado Avalanche have raised their championship banner to the rafters, and finally must move on with their season at hand. I think the Avs will get on track starting tonight against Anaheim. On Friday night the Avs must face the Chicago Blackhawks, who have lost Jeremy Roenick to Phoenix and Eric Daze to injury. The Avs will be without Claude Lemieux who will be out for about a week. But with crowd favorite, Mike Ricci will play sparingly and should provide a lift for the team. This game may appear to be a breeze, but it will be a tough physical game for the defending Stanley Cup Champions.

The Avalanche once again showed a tremendous amount of class on Tuesday. Dan "Rudy" Ruettiger was brought in to present

the Avs with their Stanley Cup championship rings. "Rudy" made headlines in the 70's by making the Notre Dame football team as a walk on. "Rudy" was at Castle Pines Golf Club and left some of the Avalanche very emotional. His story proved to be an emotional lift throughout the playoffs on the team plane, along with other clips of Patrick Roy and Claude Lemieux winning the Stanley Cup with other teams. This once again shows the brilliance of General Manager Pierre Lacroix and the entire organization.

Junior Seau made a big mistake last week when he stated that the Broncos have mediocre talent. Shannon Sharpe ripped the Charger defense for three touchdowns and over 150 yards. Bulletin Board quotes are not needed at this level, especially when John Elway and Shannon Sharpe have anything to say about it.

The Dolphins once again showed, like I've stated before, that they are overrated and have played an easy schedule. Well, it does not get any easier this week at Buffalo, or the next two weeks at Philadelphia and finally the big showdown against Dallas. I would be shocked if they had a winning record at the end of this month. Shifting to baseball, the playoffs have begun after the rain out in New York. Many wonder

if Mariano Rivera will be able to maintain his "unhittable" status over the next week. I think it will be tough for any team to get by the pitching of Atlanta, but with the big guns in the American League it is very possible.

The idiot of the week is Bryan Cox. Go see the wizard and learn to tackle. This guy is a tough player but always seems to blame everyone else. Whether it is the refs or his own team he is always pointing the finger (sometimes the middle finger).

In the next few weeks I will preview the Explosion and the Nuggets as well as a look at College Basketball. What a great time of the year Hockey, Baseball, Football, What a dream!!

Club Hockey, from pg. 8

play another Division I team, which will be another test for this young team. The hockey team will begin their regular season with a double-header on Friday night, October 18 at 7:15 p.m. against CU Boulder. The two teams will also lock heads at 11:15 p.m. the same evening at the Hyland Hills Ice Arena (92nd and Raleigh). This team plays with lots of heart and you will not be disappointed if you take the time to attend.

from the DESK of the EDITOR

Elizabeth

This week's *Highlander* features an extensive article about an important issue, not only for women, but for everyone—rape. Several weeks ago, after extensive conversations with Merrily Smith, I asked her to write this article because more so than many other issues, I feel that rape is often swept under the carpet and ignored in hopes that it will magically go away.

As her statistics indicate, it has not gone away—not in the United States, not in Colorado. Rape had not even gone away from Regis. It happens far more often than is reported. This means that Regis students are both victims and victimizers. Certain men here have forced sex on women. Even at a small, private, Catholic school, sexual assault happens.

Rape is a problem. It is a problem for women and children (and yes, men) who are sexually victimized. It is a problem for the men who do not see rape as wrong, or even admit that it exists. It is a problem for a society which refuses to face such a pervasive crime with

any sense of reality.

Smith, in her article, writes that rape is not a crime of passion but a crime of power. I've heard others say that rape is not sex, it is attack, assault. This is true for the many women who have been lured, pressured, or forced into having sex when they don't want to. When will no finally mean NO?

Sexual encounters are not a man's right (or women's right, for that matter). Sex is never owed, no matter what the circumstances, and should never be expected at the end of a nice date, after a party, or anytime.

What it really comes down to is respect. If men and women respected each other, rape would not be a reality. Of course, neither would racism, homophobia, sexism, and all of those other manifestations of hatred.

Take the time to become informed and empowered. Rape can be stopped. It is a matter of respect.

Writer Ann Lamott says, "writing is about paying attention and telling the truth." These are possibly two of the most difficult tasks that we face as editors of the *Highlander*. We learned a great deal about both of these challenges last week (see "We're Sorry," p.7). But sometimes the best way to deal with what seems a difficult lesson is to learn, and move on. We'll try to do that.

from the DESK of the EDITOR

Darcy

Football, Anyone? How About 6-Man?

Yes, 6-man football does exist. It's played in those little 1A towns you've heard about. I grew up in one of those towns—Peetz, Colorado, the home of the reigning State Champions of 6-man football.

Six-man football is played in some really small schools—in Colorado they're called "1A." I can't really tell you how it's different from 8- or 11-man football, but I do know that it's a lot more fun to watch because there's a lot more action. I think the players are faster, and scores are generally higher than in 8- or 11-man. Now, you're probably wondering how big, precisely, a school has to be to play 6-man football. I've heard some people call their school "really small" and then say their graduating class was 200+ students. When I say "really small school," I mean it. I graduated with 9 other classmates, and this was an average-sized class. The school is K-

12, in one building, with about 140 students. In fact, I think the town of Peetz has fewer residents than West Hall does.

I went home for Homecoming this weekend, and Homecoming in a small town like this is one of the best things on earth. Everybody comes home for Homecoming, unless they never left in the first place. I got to watch an exciting 6-man football game (we won 40-some to 12, if my memory is at all correct) and also saw our undefeated volleyball team win yet again. I hung out with my old high school friends, and drank a few bee--uh, sodas.

Before you get the chance to dog such a small town, yes, there is electricity in Peetz. We actually lead pretty normal lives. There are grocery stores, gas stations, and Cabela's, all within a half an hour drive. There's even a Super-WalMart out there that stays open 24 hours--I've yet to see that in Denver. But then again, I've yet to see the Broncos play 6-man football.

Good Job of the Week:
Student Health Services,
for their hard work at
keeping everyone at
Regis healthy and in-
formed, especially re-
cently with their flu shot
campaign!

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THE FINE PRINT ABOUT THIS PUBLICATION

The Regis University Highlander is an independent weekly publication provided by the students of Regis University for the Regis community.

It functions as a forum to inform the community of events and persons relevant to Regis. It serves as a place for the expression of concerns and opinions. However, the opinions of authors may not necessarily reflect the opinion of the Highlander staff.

Content is reviewed and edited by staff members and advisor to ensure quality and suitability of content. Editorials reflect the opinion of the author, which is not necessarily the opinion of the entire staff or of Regis University.

Questions, concerns, or comments should be directed to Darcy Fehringer, Editor-in-Chief at 964-5391, in Office #1 in the basement of the Student Center, or at 3333 Regis Blvd, Denver, CO 80221.

Dealing with Sex, with Dignity

By Kevin Maly
Special to the Highlander

Coming Out Week is a time when people at Regis take some time to examine what it means to be gay or lesbian. Because we are

MULTI- CULTURAL CORNER

community with both a Catholic and Jesuit mission, many of us must wrestle

with the relationship between sexuality and Church teaching. While I cannot in any way speak for the Church, I have researched what various contemporary voices within the Catholic Church have contributed to discussions about people who are gay or lesbian.

A little over a decade ago, Cardinal Ratzinger, in a document initiated by Pope John Paul II, stated:

"It is deplorable that homosexual persons have been and are the object of violent malice in speech or action. Such treatment deserves condemnation from the Church's pastors wherever it occurs. It reveals a kind of disregard for others which endangers the most fundamental principles of a healthy society. The intrinsic dignity of each person must always be respected in word, action and law."

The Catechism of the Catholic Church elaborates:

"[homosexuality's] psychological genesis remains largely unexplained. The number of men and women who have deep-seated homosexual tendencies is not negligible. They do not choose their homosexual condition . . . They must be accepted with respect, compassion and sensitivity. Every sign of unjust discrimination in their regard should be avoided" (2357).

The Society of Jesus, in the document The Good News and the Promotion of Justice, has stated, "We struggle for justice wherever humanity is threatened. We work for justice wherever the poor hunger, wherever refugees are driven out; wherever natives,

homosexuals, women, young, old, HIV positives or whatever category are excluded" (paragraph 3.3.10).

John J. LaRocca, S.J., a faculty member at Xavier University, comments that while it is true "that the pope has condemned homosexual activity" we must remember that "the only approved sexual activity in

traditional Catholic morality is between a man and a woman in marriage." In addition, points out LaRocca, "the act must be open to procreation." This means that "all other sexual activity is forbidden and mortally sinful."

LaRocca reflects that anyone

who lives on a college campus is familiar with "men and women who violate these norms." However, "we manage to make the distinction between not approving of what they do and giving them the dignity which they deserve as human beings." This leads him to ask, "if we grant them their dignity, can't we do

that to the gay and lesbian community?"

While in no way an official source of Church teaching, the Jesuit Association of Student Personnel Administrators has stated the following:

"The cornerstone of both Catholic and Ignatian traditions is

**"While I cannot
in any way speak
for the Church, I
have researched
what various
contemporary
voices within the
Catholic Church
have contributed to
discussions about
people who are gay
or lesbian."**

Area Haunts Entertaining But Pricey

Editor's note: Halloween will soon be here, and for those who are over the candy begging thing, the end of October can be celebrated with a visit to one or more local haunted houses. We asked staff writer Anne Berg to visit and review three of them.

Tomb of Terror

During October, the water is off, but the horror is on at Hyland Hills Water World's Tomb of Terror. The ancient pyramids of Egypt come alive in this haunted adventure. King Tut welcomes you to a world of darkness and intrigue, where you will walk through slides transformed to a path of destruction. Beware the hair-raising sounds of this adventure, for danger lurks around every corner. You can't run, you can't hide, and you must crawl among the dead to make it out alive.

The suspense and aura of far away Egypt mesmerizes and haunts the visitors of this one-of-a-kind haunted house. The visual and sound effects are frighteningly convincing, and for those of you who just love a grand finale, believe me, you won't forget this one. **On a scale of one to ten, ten being the highest, I give Tomb of Terror a seven.**

One other reason to visit the Tomb of Terror is that there isn't any wait. Go early and avoid the lines that accompany most of the haunted houses in town. Tomb of Terror is located at the Grand Pavilion Entrance on 90th at Hyland Hills Water World on 88th Avenue and Pecos. Admission is \$10.00 Tuesday thru Thursday and Sunday, and \$12.00 on Friday and Saturday. Gates open at 7:00 p.m. Tuesday thru Thursday and Sunday, and 6:00 p.m. on Friday and Saturday. The Tomb of Terror is so scary you might want to ask your mummy to come along.

The Forbidden Forest

Wind rustlesthrough the barren trees. Darkness clouds the atmosphere

with dread and despair. The beat, beat, beating of your heart drowns out the stillness of the night air, and your deepest, darkest fears surface to confront you head on.

Frightmare the 13th The Forbidden Forest is one of the most terrifying haunted houses of its time. The backdrop for this ghastly adventure consists of a forest of trees and willows which hold the secrets of a family surrounded by death and despair. If you make it through Roy Raven Hurst's cemetery alive, you will then be personally escorted to an old abandoned mine. Watch your step, because the next stop is an eerie, marshy swamp where the predominate craving is for blood. Then as if you couldn't be anymore terrified, you will enter a rustic two-story barn, where unimaginable terrors take place consisting of executions, taxidermy, and other unsightly horrors.

The visual and sound effects of this haunted house are excellent. Frightmare has terrified more than 150,000 people for over 13 years. Owned and operated by Neato Enterprises, The Forbidden Forest is filled with lots of terrifying actors and realistic props, some that are nearly 100 years old. **On a scale from one to ten, ten being the highest, I give The Forbidden Forest a nine.**

Be prepared for long lines this year for tickets and admission. The Forbidden Forest is located on 108th and Old Wadsworth. Gates open at 7:00 p.m. General admission is \$8.50 and VIP admission is \$14.00. The difference between general admission and VIP admission is the amount of time one has to wait to get into the Forbidden Forest. Depending on how long the line is, the extra money just might be well worth it, although the sooner you get into The Forbidden Forest, the sooner death's doors will open in delight.

Castle of Fear

Enter at your own risk. The

Castle of Fear is Denver's largest indoor haunted house, consisting of several theme rooms and a pavilion of gruesome games.

In October of last year, *The Rocky Mountain News* said Castle of Fear is "the scariest haunted house we've ever seen." I would have to say that they haven't seen very many haunted houses. The atmosphere was more visually entertaining than anything else.

Some favorites were the electrifying shocker and the feast of the dead. Spooky strobe lights along with rustling white sheets were the best visual effects, but the atmosphere was ruined by looking up and seeing security spotters around every corner. The ceiling should have been covered and the spotters camouflaged to blend in with the surroundings. There was too much dead time, watching and waiting for something to happen that didn't, such as the room that had a coffin in it that didn't open or anything.

The best part was the maze. Extremely dark and spooky, the maze has ghouls and goblins that hide in lethal locations just waiting for unexpected victims. Sometimes, even more terrifying, are your friends, who can run and hide just to take part in torturing the timid. Trying to find your friends can be quite a dangerous feat.

If you ever do find your way out of the castle, there are several gory game to play set up in booths like a carnivorous carnival. Finger fling, knock your block off, and grave robbers, just to mention a few, are horribly humorous games that will sicken the squeamish. **On a scale of one to ten, ten being the highest, I give Castle of Fear a six.**

Arrive early because the lines are really long for both tickets and admission into the Castle of Fear. Located at 1001 W. 84th Avenue (1/2 mile west of I-25 in the old K-Mart building), Castle of Fear opens at 6:30 p.m., and admission is \$9.00.

LONDON \$249

San Francisco	\$ 77	Taipei	\$395
New York	\$ 99	Bangkok	\$465
Paris	\$265	Costa Rica	\$249
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Madrid	\$299	Kathmandu	\$758

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Ska For All

By Rajit Kabadi
Entertainment Editor

In the past few weeks, Regis University was fortunate enough to have witnessed a truly tuneful ska act, The Vengers. That, along with the new found popularity of ska all over the country, has moved me to review a couple of ska records this week.

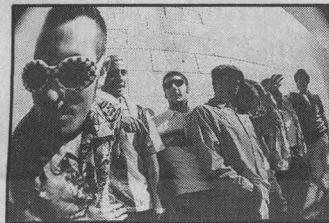
For those of you who actually haven't heard of ska music, the genre is punk rock with a brass section. Along with the non-stop energy of punk rock, the trumpets, trombones and saxophones add an element to ska that is both both and energetic.

First off, The Vengers, the band that graced us with their presence last week, have a new record out entitled *...Push this?*. This album is a perfect example of the two-toned ska that surrounded the Regis Student Center last week. All the songs are originals, and this Colorado band produces a great ska sound. What makes the songs distinctive is the intellectual slant of the

lyrics. Whereas a lot of the popular ska music in today's industry is a resounding celebration of fun, The Vengers actually tackle topics like NAFTA and the Chiapas Indians. But don't be fooled, this music still packs a punch. So, if anyone in the Regis community found something better to do last week when The Vengers appeared here, buy this CD. Whatever you did last week paled by comparison.

The second entree of ska delight comes from the Southern California band Reel Big Fish. Reel Big Fish have been thrilling live audi-

ences all over the country with their live covers, which include A-ha's "Take On Me" and The Cure's "Boys Don't Cry." However, their new album, *Turn the Radio Off*, is composed of entirely original songs. The album's first single, "Everything Sucks" is a winner, as is the Mighty Mighty Bosstones' influenced "Skatonic." The CD's funniest tune has to be "Snoop Dog, Baby," which pokes fun at one of our generation's greatest musical artists. Well, maybe not, but it is a good song.



Adventure Ideas for Weekends

By Meggin C. Caylor
Highlander Staff

The week after midterms is our first official four-day weekend of the year. These weekends are a great opportunity for everyone to travel, catch up on school work or get to know Denver a little better. I have compiled a list of information about possible adventures, rest or relaxation alternatives.

The first alternative is the least expensive and easiest to plan. Take advantage of the weekend by catching up on all the sleep you have missed thus far. If you have term papers or large projects due at the end of the semester, this is a good chance to get a head start.

I am sure most of you have had your fill of studying and would like to try something new for a change. In-state traveling is ideal for a vacation of this length, and Colorado has an endless array of choices, depending on your taste. Copper Mountain Resort is Regis-friendly and there are many

things to do during the off-season in the area. Copper has a golf course, mountain biking, fitness center, tennis courts and a variety of restaurants [(800)458-8386]. For a one-night escapade, Central City is great for gambling and entertainment. A shuttle runs between several Denver locations and Central City. The small fee charged is returned to you in the form of gambling chips.

Estes Park and Winter Park both have a YMCA of the Rockies. While these resorts may not sound glamorous, they are inexpensive and offer endless opportunities for fun. Individual and group rates are available for a variety of lodging comfort levels (629-5784). Some examples of possible activities while there are: hiking, volleyball, tennis, ice skating, mini golf, roller skating, etc.

If you have a high credit limit, you may want to travel out-of-state for your weekend adventure. Airlines have special deals to fly to Las Vegas, with hotel included. For example, a two

night stay the Las Vegas Club Hotel and Casino is \$149.95. This price includes airfare and hotel.

For the more adventurous, Western Pacific is offering its Mystery Flights now through November 21 [(800) 930-3030]. With this deal, they book your flight for \$69 roundtrip (hotel is a mere \$40 extra per night). There is a list of several locations they may send you. The day before your flight, the airline will call and tell you what kind of clothing to pack. You show up ready to go wherever they may send you.

Finally, there is the "combination." If you only have a day or two to kill, you still have options. Chitqua Park in Boulder is a great place to hike and to picnic. While you are there, you can window shop on Pearl Street or get a tattoo on the Hill. Here in Denver, there are a variety of museums and parks with plenty to offer. For example, the Denver Zoo recently opened the "Primate Panorama," which is a special treat for all ages.

? • ASK • ?

SISTER SADIE

Dear Sister Sadie,

I am a freshman here at Regis and I have a problem. I hate my roommate's boyfriend. He is constantly in our room. Sometimes he even spends the night. He helps himself to all my food and uses my computer without asking. My roommate and I get along great and have become good friends, but I don't feel comfortable enough to say something to her. I feel that I am being nit-picky, but he is so inconsiderate and rude.

Trying to be peaceful,
Stuck

Dear Stuck,

You are experiencing a phenomenon that many new students here at Regis and across the country are faced

with. There are two central aspects to consider. It is important to stick up for yourself and be honest about your concerns. At the same time, try not to alienate your roommate because of how you feel about her boyfriend. This could be the best friend you will ever have. Be honest with your roommate, even though it may be hard. Try not to focus on the petty annoyances. Stick to the larger examples of inconsideration. She should respect your feelings and ask her boyfriend to change some of his behaviors in your presence. Most importantly, do not let your feelings fester until it is impossible for you to confront either of them without anger.

Sincerely,
Sister Sadie

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at the
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HEALTH ISSUES

■ **FLU SHOTS AVAILABLE.** Student Center October 10, 15, 17 11:30 a.m. to 1:30 p.m.
\$7.50 cash, \$8.00 Visa
Appointments are Available

The Libertarian Party was

Banned From the Debates!

Ms. Jo Jorgensen, the Libertarian vice-presidential candidate will be speaking in Denver at the Temple Events Center at 1595 Pearl, Denver, CO on Monday, October 14, 1996

Find out what the debate commission doesn't want you to hear!

Also speaking: James Joy from the ACLU and W. Earl Allen, US Congressional candidate. This event is free and open to the public. Doors will open at 6:45 p.m. Refreshments will served. For more information call 860-1412.

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